

Protecting Canadian Livestock from Foot and Mouth Disease

Travel Guidelines for Beef Cattle Producers

Foot and Mouth Disease is a highly contagious virus affecting all cloven-hoofed animals (e.g., cattle, pigs, sheep, goats, bison, deer, elk). It is NOT a threat to public health, and it is NOT a food safety concern. The last Canadian outbreak was in 1952. A Canadian outbreak would be economically and socially devastating. Follow these guidelines to help keep Canada FMD-free and to protect Canada's livestock and wildlife. Safe travels!

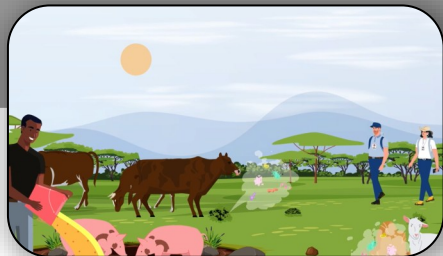
Before You Travel



- ✓ Inform Canadian Border Services of your travel plans.
- ✓ Know the FMD status of the region(s) you are visiting. FMD is common in the Middle East, Africa, Asia and South America.
- ✓ Find the most up-to-date information on FMD outbreaks via the World Organization for Animal Health website, woah.org.



While Travelling



- ✓ Avoid direct contact with livestock and wild animals while visiting farms, zoos and markets.
- ✓ Do not purchase or bring back any meat or animal products.
- ✓ Clean and disinfect your footwear and clothing regularly.
- ✓ Leave behind anything that cannot be properly disinfected.

Cleaning and Disinfecting



- ✓ Clean and disinfect all belongings, especially shoes, gear or tools that have been in contact with soil.
- ✓ Remove all soil and organic material from items prior to disinfection.
- ✓ Then soak items for 30 minutes in one of the following:
 - 50% water/50% vinegar
 - 100g sodium carbonate (washing soda) per 1 litre of water
 - 2g citric acid powder per 1 litre of water
- ✓ Clothing can be dry cleaned.

Returning to Canada



- ✓ Declare to Canadian Border Services agents when you have travelled from a farm or high-risk location internationally OR will be returning to a farm.
- ✓ Declare all food products to Canadian Border Services.
- ✓ Leave any leftover food from flights or overseas airports on the plane.
- ✓ Avoid contact with livestock for five days after returning from any country.
- ✓ Avoid contact with livestock for 14 days if returning from a country without FMD-negative status.



Find more information on Foot and Mouth Disease prevention and awareness at:
BeefResearch.ca/FMD

